

## Liberty Middle School Food Ministry – Suggested Items for Food Collection

### **MAKE A DIFFERENCE**

#### **LIST FOR BACKPACKS**

##### ***Non-perishable Items suggested for School Backpacks***

1. Single serve cereal boxes/packets
2. Oatmeal packets
3. Nutrition/granola bars
4. Complete meals
5. Chef Boyardee (lasagna/spaghetti /beefaroni/etc.)
6. Mac n' cheese
7. Tuna fish packets
8. Raisins
9. Single serve fruit or vegetable cups
10. Beef jerky
11. Drink boxes
12. Shelf stable milk
13. Pudding cups
14. Fruit snacks

##### ***Non-perishable items suggested for food pantry***

1. Cereal
2. Pasta
3. Spaghetti sauce
4. Canned fruits or vegetables
5. Canned fish/meat
6. Oatmeal
7. Peanut butter
8. Crackers
9. Mac n' cheese